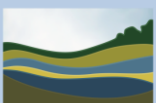




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Charitable Registration #87320 8920

## Blitzing the Moraine 2018: Two down and Two to go. You are not too late!

**NOT LONG AFTER** the ice storm in April, we hosted our Happy Valley BioBlitz, with experts, volunteers, and local students finding and identifying 340 species, despite having to break mid afternoon due to a severe windstorm that swept through the area. A whopping 77 different species of birds were identified, with many groups lucky to hear the 'R2-D2'-like call of the threatened Bobolink.

The weather was perfect for our Uxbridge Bioblitz on June 16th! From the 4am start time to the 11:30pm finish, 44 dedicated volunteers and knowledgeable experts contributed over 230 hours to blitz 73 acres of forest and meadow looking for every single species they could find. Their hard work and enthusiasm paid off with over 400 different species identified, including Big Brown and Hoary Bats, Flying Squirrels, a Red Fox and Ruby-throated Hummingbirds along with many very cool plants and insects.

If you missed our first two events, don't worry as we have two more -



BioBlitzes that you can join in. The first is September 15th on an Oak Ridges Moraine property in King Township, with an ecosystem for everyone's interest including meadows, forests, and even a large kettle lake. On October 13th, Blitzing the Moraine is moving slightly further north to Beeton, to blitz a magnificent 100 acre Heritage Forest!

To get involved or get more information, visit our website or give Kim Stephens, our BioBlitz Coordinator, a call at 905-853-3171 x 33 or by email:

[kstephens@oakridgesmoraine.org](mailto:kstephens@oakridgesmoraine.org).

### Upcoming Workshops: Monarch Madness and More!



We have some very exciting workshops and walks planned over the next few months and we would love you to join us. These events will be held in both York Region and the Town of New Tecumseth and include; Monarch Madness, Fall Flowers, Fall Forests, Mammal Tracking and Creatures of the Night. More information and to register visit our website or give us a call



## Invasives: They are everywhere!

There are a many non-native species in Ontario, but not all of them are bad. Just some of them: the invasive species. Throughout history these species were introduced to Ontario from different continents, and as a result do not have natural predators to control their populations. Thus, they out-grow and often kill native species.

With the partnership between Oak Ridges Moraine Land Trust and the Ontario Federation of Anglers and Hunters, along with funding from the federal government and other generous donors, Michelle, our Hit Squad member, has been going out on monitoring visits to identify and map invasive species on our protected properties. This will help us identify management priorities and activities that you can also become involved in...

Check out the Buckthorn Busters for more info!

## Summer Growth

With the help of the Canada Summer Jobs 2018 program and the College Institutes program, we have grown by four! Part of the funding for this initiative is provided by the Government of Canada through Natural Resources Canada's Green Jobs - Science and Technology Internship Program, as part of the Youth Employment Strategy. Brooke, Erica, Veronika and Steve are enthusiastically helping us with our communications, monitoring, research and land securement mapping project.



## Calling all Buckthorn Busters!

Are you interested in getting your hands a little dirty to help us tackle some nasty invasive species? If so, you can be part of our “Buckthorn Busters” team. The Buckthorn Busters will be helping Land Trust staff to rid our protected properties of Common Buckthorn. You will see some wonderful properties and to make a big difference is keeping them beautiful while relieving stress as you rip those seedlings out. You can help us Buckthorn Bust for just an hour or two, or come out to as many pulls as you want! Any help you can give makes a difference. To join or for more information, give us a call or email: [invasives@oakridgesmoraine.org](mailto:invasives@oakridgesmoraine.org).

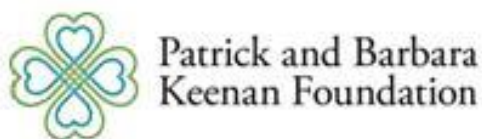
## Forest Bathing: What is it, and how can it help me?

Have some fun Forest Bathing with us this summer! No, it is not that kind of bathing! Forest Bathing is the practice of immersing yourself in nature and comes from the Japanese practice Shinrin-yoku. Unfortunately, many of us do not spend as much time outdoors as we need to, and it affects our health. Spending time in nature has so many benefits; it boosts the immune system, reduces blood pressure, and improves your ability to focus. Forest Bathing can also reduce stress and increase your energy – and with multiple sessions can even improve sleep!

Our next event will be on September 15th, to register please visit our Eventbrite or contact us.



Many thanks to all our funders of our BioBlitzes, Outreach and Stewardship Programs...We can't do it without you!

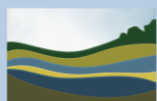


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